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Monthly Newsletter  
December 2015

North Central MN Chapter #7  
PO Box 564  
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**NEXT MEETING:**

**National Guard Armory Bemidji, MN  
Monday, December 21st at 7pm**



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- |                        |   |
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| JUNIOR VICE:           | Marten Schrage - (218) 308-7972                         |
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| JUDGE ADVOCATE:        | David Myers   |
| SERGEANT AT ARMS:      | Bruce Tiegen - (218) 308-0962                           |
| OFFICER OF THE DAY:    | Glenn Aagard - (218) 556-7999                           |
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| EXEC. COMMITTEE:       | Bruce Holden  |
| EXEC. COMMITTEE:       | Glenn Aagard  |
| EXEC. COMMITTEE:       | Marten Schrage  |



**MERRY CHRISTMAS  
& HAPPY NEW YEAR**  
*from the Newsletter  
and Website Staff!*

We are happy to have been able to serve you this past year and are looking forward to being able to continue to do so in 2016! We hope you all have a wonderful, joy filled Holiday season and that the New Year brings you and your families the Blessings of Peace, Love and Good Health!

## COMMANDERS CORNER

I want to say thank you to all the DAV members and supporters for giving of your time and talents to the betterment of our chapter. There is such good energy and I am glad to be sharing in this good energy with you. It has been such a solid year of fund raising, thanks to everyone, and our chapter is moving forward in a dynamic way. You are loyal in the cause of helping those in need and loyal to each other in our military brotherhood. Blessings and good health to you and your loved ones this Holiday season.

The Christmas party is scheduled for December 21st at the Eagles Club this year. All members and volunteers and their spouses or significant others are invited. Please call me at 556-4633 to RSVP so we can plan on how many will be attending. Social hour starts at 5:00 and dinner at 6:00.

Dave Sterr



**The men of the Clearwater Lutheran Church in Shevlin, MN are hosting their Wednesday evening soup suppers from 5 - 6:30 PM.**

**Come and join them for a "Souper Fun Time" with the men in the kitchen!**

**\$\$ Donations Accepted, but not Expected! \$\$**

## VETERANS TOWN HALL AND CLAIMS CLINIC

The Fargo VA Health Care System and Veterans Benefits Administration will host a Veterans Town Hall and Claims Clinic, Dec. 3, at the Beltrami County Administration Building, 701 Minnesota Ave NW in Bemidji MN.

**The Town Hall will be held from 5 to 6 p.m. in the County Board Room (102)** and is open to Veterans and the general public. It will be hosted by the Fargo VA HCS Director, Lavonne Liversage, and VBA Dakotas Regional Office Acting Director, Linda Parker. The purpose of the Town Hall is to share information, hear feedback, and answer questions about VA health care and benefits.

**The Claims Clinic will be held from 4 to 6 p.m. in the Commissioners Conference Room (108)** where Veterans can submit claims for compensation benefits and Vocational Rehabilitation and Employment benefits. Secure electronic access to Veteran benefit records will be available, and participants can ask questions on compensation claims and available benefits.

"We're very excited to see our Veterans located in and around Beltrami County," Liversage said. "We encourage all Veterans, their families, and any organization or individual who works with or on behalf of Veterans to attend."

For more information, call the Fargo VA HCS Public Affairs office at (701) 239-3724.

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## My HealthVet

My HealthVet is VA's online personal health record. It was designed for Veterans, active duty Service members, their dependents and caregivers. My HealthVet helps you partner with your health care team. It provides you opportunities and tools to make informed decisions and manage your health care

Specific features in My HealthVet are available to you based on your account type. All users who have a [Basic](#) account are able to view their self-entered information. If you are a VA patient, you can upgrade your account to [Advanced](#) or [Premium](#). For more information about account types and what you can view, visit [My HealthVet Account Types](#).

Among the newest features available to Veterans with a Premium Account include VA Notes. These are clinical notes that your health care team records during your appointments or hospital stays. Also available are your VA Immunization records, more detailed lab reports and a list of your current medical issues. These features are in addition to prescription refills, VA Appointments and Secure Messaging – all very popular with Veterans!

For more information check them out at: [www.myhealth.va.gov](http://www.myhealth.va.gov)



## ADJUTANT CORNER

I attended the VAVS meeting at the Fargo VA hospital and gathered the following info:

- A. Lots of improvements are in the works at the Fargo VA Medical Center.
- B. 38 new beds where patients that do not need hospital care can receive Physical Therapy and other treatment that they cannot get at home.
- C. The ICU will be made larger like in private hospitals.
- D. A drive thru garage for ambulances at the emergency entrance is being added.
- E. A new healing gardens is being added on the north side of the hospital where veterans can set and relax with plants and flowers around them.
- F. An overhang where patients are let out in front of the hospital is to be added.
- G. The Lab and X ray departments are moving to larger rooms in a new addition, with X ray getting new equipment.
- H. Prosthetics' and physical Therapy are being moved up to where the Lab and X ray are now.
- I. New policies on using Choice act cards for outside VA system. Care no longer needs to reapply every 60 day now, you can stay with the Doctor for time needed to solve medical Issue. All veterans are now able to enroll for these cards.

- J. Fargo VA doing very good last year 501 volunteers, 34,000 hours volunteers \$283,000 in donation
- K. Had stand-down where records were reviewed, wait times are very good, Doctors have come in on Saturdays to see Veterans.
- L. Fargo's 2015 performance evaluations were met or exceeded in most cases. Some improvement are needed on a very few things.
- M. The Bemidji CBOC to be expanded sometime over the next two years.

We are first in State with membership, please continue to recruit as many new members as possible! The Chapter leading at end of year will have a metal plate hanging on a new board in the DAV State HQ.

Still need members to adopt a clothing bin to wax and keep oiled to prevent rusting and fading. This really is a must as they are expensive and if we do not care for them we will end up having to buying new ones as replacements.

We are looking at buying a building for a permanent home to conduct our meetings and to house our clothing program, would you be possibly willing to donate \$100-\$150 or more for this building????

I wish each of you a Merry Christmas and a Happy New Year for you and your family, may God Bless you!

Robert Saddoris

*Merry Christmas* 

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# DAV AND AUXILIARY CHRISTMAS PARTY

This year we will be hosting our Christmas party at the Eagles Club  
on the 21st of December with refreshments and social hour  
starting at 5 PM and the dinner to be served at 6 PM.

Please RSVP to Mike Zimmerman (218) 252-2061 or Ginger Edwards (218) 368-8562  
by December 12th if you are going to attend  
so that we may plan the meals accordingly.

Hope to see you all there!

## NEWSLETTERS VIA EMAIL

To our members that have access to a computer and with an Email address, please consider contacting us at [mndavchapter7@gmail.com](mailto:mndavchapter7@gmail.com) or request that you be added to our **DAV Newsletter Email notification list**, by doing so, we as your newsletter/website staff can better serve all of our members! We are striving to curtail the cost of our newsletters so that we can continue to get it mailed out to those members that do not have access to a computer. Because of our membership recruiting success, we are continually adding new members to our Chapter and so our mailing list continues to grow, therefore, so does the cost of the printing and mailing of each hard copy of our newsletter that we send out. Our current mailing list stands at **548** hard copies being printed and mailed out at a cost of about **\$610 per month**, at this rate we will be exceeding what we have available in the newsletter account at about the April issue. Currently we have **40 members** that have signed up to receive the newsletter Email notifications and we are asking those of you that have computers and Email addresses if you would "help us reduce costs"! Also by receiving your newsletter notification via Email, you will be able to enjoy more features! First off, all references to a website or URL address and our advertisers, are linked directly to the websites for faster access to check out the information provided. Secondly, with the link in the newsletter Email notification taking you to our DAV website, you can also check out our home page while you are there for additional news and information that may be pertinent to you or someone you know! Thank you for your consideration and cooperation!

Your Newsletter/website staff

## AUXILIARY COMMANDER

Hoping to see you all at Our DAV Christmas party! We will be having a short get together there to cover any business that may need attending to while we take our winter break. Just a reminder that our next regular meeting won't be until March 21st 2016, so bring your volunteer hours and anything that may need our attention during that time frame.

I wish you a wonderful Holiday season filled with Joy and good health and that you will be able to share it with your Families and friends!

Linda Engsether



## COMBAT VETERANS PTSD SUPPORT GROUP

The Sanford Bemidji Medical Center's Support Group for Combat Veterans who are experiencing PTSD, Anxiety or Depression related to past combat experiences is in operation. There is no cost to attend and all combat veterans are welcome, regardless of when you served in a combat zone. Group members will discuss current personal issues and how past combat experiences are impacting their daily life. All discussions, situations and personal experiences will be held in strict confidence. The meetings are being held on the 1st and 3rd Tuesday of every month from 5 to 7 PM in the Education Center of the Sanford Bemidji Medical Center, located near the hospital's main eastside entrance. For more information call:

Billy Benso, RN, USMC Veteran (218) 333-5165

Mike Sletta (218) 333-2582

Between 7 AM and 5 PM, Mon-Fri

# 2015 DAV NORTHWEST TRANSPORTATION DATES

**January**

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

**February**

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**March**

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29	30	31				

**April**

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**May**

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24	25	26	27	28	29	30
31						

**June**

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28	29	30				

**July**

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**August**

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30	31					

**September**

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**October**

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**November**

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22	23	24	25	26	27	28
29	30					

**December**

Su	Mo	Tu	We	Th	Fr	Sa
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

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**Fosston** at LaPiere's on the east end of town;  
**Mahnomen** Cenex park south of propane tank;  
**Ada** Country Store

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## CHAPLAIN'S CORNER

Last month we were looking at three important questions regarding The Book of Revelation, who, what, and why. This month we will continue to do the same by examining other elements for understanding its' meaning. The other questions we want to look at are when, where and how does The Book of Revelation apply? Many people view The Book of Revelation as a complex frightening book. It is a known true fact The Book of Revelation has been abused, misrepresented and at times taken completely out of context. This in turn has resulted in several unfortunate situations.

One situation is when people become confused with a sense of anxiety over the contents, instead of it being a blessing (Rev 1:3), it generates a lot of fear. Another situation is when people get an incorrect view without an in-depth study, which results in becoming involved with cults. The last situation is when some people use it in terms of justifying actions which can lead to criminal behavior. All of these situations are not appropriate and do not reflect God's heart. The Book of Revelation was meant to be a blessing (Rev 1:3) in terms of a genuine call by God and the church to come to Him (Rev 22). The Book of Revelation was also given for our information to know the past and the events of the future, which will take place and are taking place from God's perspective (Rev 1:19). It is also a reflection of a person's choice, and the consequences of a person who does not want a personal and genuine relationship with Christ. The Book of Revelation has been studied for centuries and in fact there is no end to understanding its message and meaning from Christ. So, let's take one question at a time.

When: Past, present and future. The Book of Revelation is applicable now, it was applicable during Jesus time of the First Century and will be applicable into our future too (Rev 1:19). There is a tremendous correlation (direct and indirect) between The Book of Revelation and the Old Testament, with many references to the books of Zechariah, Daniel, Genesis, Isaiah, Psalms, Ezekiel, Joel and others, which reflect future events. Many biblical scholars believe The Book of Revelation was written about 95 AD.

Where: Heaven, Earth and Hell. The Book of Revelation applies to the seven churches of Asia (Rev 1-3; 22:16). The entire contents applies to everyone who believes in Jesus Christ and has a relationship with Him. The events are applicable throughout the world, because it will touch everyone at one time or another (already has), but the central location where all the events take place will be in the Middle East.

How: The Book of Revelation reflects God's view of things, to include the intent of a person's heart towards Him. It is a spiritual book, in other words many of the things happening in The Book of Revelation is spiritual in nature. Yet, there are many actual events that will take place here on earth and in heaven. This reflects the history of God creating a people for Himself, the future of His people as well as the spiritual warfare here on earth and in heaven. The whole issue for The Book of Revelation is repentance and having a relationship with Christ. Knowing Jesus, while making good choices and being led by The Holy Spirit is the focus of this book. There is a lot of information about The Book of Revelation regarding its' use and interpretation which is really not good. It is our desire you will know the blessing and hope that comes from The Book of Revelation while it enriches your life and relationship in Christ while understanding the meaning and future expectations of The New Jerusalem (Rev 21:9 - 22: 5)

If you have a need, are in the hospital or would simply like to talk, we would be glad to listen, please call us at 444-5015.

Mike and Julie Gutz  
DAV and Auxiliary Chaplains



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